

# Early Childhood

## FOUNDATION COURSE (ECF)

Led by highly regarded and experienced local and international tutors, this part-time annual course covers the essential topics required for early childhood and provides the foundations of Anthroposophical principles that underpin the Steiner curriculum.

The course has been developed to ensure that students are able to complete the course while maintaining a full-time teaching position, and supports the transition from mainstream into Steiner education.

With completion of all the work in this first-year Foundation Course (ECF) and the second-year Certificate Course (ECC) the student will have a Steiner qualification that is recognised both in Australia by Steiner Education Australia and SECA as well as internationally by IASWECE (International Association for Steiner Waldorf Early Childhood Education).

## Semester 1: 19 February - 25 June 2025

### Exploring Anthroposophy

A comprehensive introduction to the principals of Anthroposophy and its applications in Steiner Education. Delivered over 12 webinars in Terms 1 and 2.

Topics Include:

- Introduction to Anthroposophy and Rudolf Steiner
- The 12 Senses
- The Human Being: Body, Soul, Spirit, Patterns and Processes
- The Human Being: Freedom, Diversity, Individuality and Sociability
- Rudolf Steiner's First Teachers Course: Educating the Will
- The Inner Development of the teacher

Presented by international speaker and educator, Sven Saar

## Register Now

Enrolments are now open for the 2025 foundation course, please visit our website to submit your application. For all enquiries, please contact the course coordinator.

## Contact

Robyn Davis  
High School Coordinator  
robynd@sydneyrudolfsteinercollege.com

M: 0467 953 881  
Ph: 02 9261 4001

## Fees

There are a number of study pathways and enrolment options available. Please see our website for fees information.



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**WEBINARS BEGIN**  
**19 February 2025**



## Semester 2: 23 July – 26 November 2025

In the Second semester we work through a series of lectures that explore the practical aspects of working with children, developing rhythm, relationships and care. We also work with the inner development of the teacher as integral to Steiner Education, exploring Life Phases and biography work. Delivered over 12 webinars in Terms 3 and 4.

Topics Include:

- The child in the world today
- Development of language through rhythm, music and movement.
- The Foundation senses and current brain research
- Understanding children's drawings in relation to development
- Celebrating festivals
- The Musical Mood of early childhood

Tutors: Catherine Pilko, Ebba Bodame, Bec Whitcombe, Kathy MacFarlane, Emma Ratcliffe and Katrina Ross, Meg Quinlisk, Robyn Davis, Karl-Heinz Finke and Laura Summerfield

## The Seminars

Central to our program are the two Seminars that draw all students together in artistic, practical and engaging classes, held in-person over 5 days during the school holidays. These are vital to truly experience what we mean by Steiner Early Childhood education. Excellent daily catering is included in the fees.

**Autumn Seminar: 12 - 16 Apr 2025**

**Spring Seminar: 27 Sep - 1 Oct 2025**

Topics Include:

- Child development and Play
- Development of language through rhythm, music and movement.
- Incarnation of the Child and supporting healthy early childhood
- Artistic workshops in painting, doll making and craft
- Celebrating Birthdays
- Nutrition in early childhood
- Child Observation workshop
- Storytelling and puppetry
- Eurythmy and Singing
- Nature tables and festivals

*Please note that programs and tutors are subject to change*



# Primary Teaching

FOUNDATION COURSE (PTF)

This part-time course provides the fundamentals of Anthroposophical principles. It explores theoretical, practical and artistic modules, delivering a comprehensive experience of Rudolf Steiner Education, with the child at the centre of the curriculum.

Led by highly regarded and experienced local and international tutors, this first-year annual course covers the essential topics required for Primary Teaching to equip teachers with the skills and knowledge to enter into teaching in a Steiner/Waldorf school, and to support the transition from mainstream into Steiner education.

Satisfactory completion of this course enables the student to continue into the second-year Certificate course to complete their professional Steiner/Waldorf training.

The course has been developed to ensure that students are able to complete the course while maintaining a full-time teaching position.

## Semester 1: 19 February - 25 June 2025

### Exploring Anthroposophy

A comprehensive introduction to the principals of Anthroposophy and its applications in Steiner Education. Delivered over 12 webinars in Terms 1 and 2.

Topics Include:

- Introduction to Anthroposophy and Rudolf Steiner
- The 12 Senses
- The Human Being: Body, Soul, Spirit, Patterns and Processes
- The Human Being: Freedom, Diversity, Individuality and Sociability
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## Contact

Doris Antivolo  
Primary Teaching Coordinator  
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## Fees

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**WEBINARS BEGIN**  
**19 February 2025**



## Semester 2: 23 July – 26 November 2025

In the second semester we cover the essentials of the Steiner classroom, with in-depth lectures on the curriculum and its presentation, the role of the teacher, and understanding transitions and developmental phases. We also cover an in-depth study on Life Phases, as well as Music and Blackboard Drawing. Delivered over 12 webinars in Terms 3 and 4. Mentoring group sessions are offered in term 4.

### Topics Include:

- Understanding and working with transitions in childhood
- Working with a Main Lesson
- Maths Primary curriculum workshop
- Rhythm, Main Lesson and Morning Circle
- The role of the Arts through the Primary years
- The importance of Creative Speech
- Festivals and school life.
- Life Phases: Holistic Biography Work

Tutors: Michael Caterer, Lou Harvey-Zahra, Bernadette White, Karl-Heinz Finke and Laura Summerfiled, Jude Samson, Adrienne Alexander, Raphaela Mazzone, Jamie York, Nigel Hoffman, and James Deefholts

## The Seminars

Central to our program are the two Seminars that draw all students together in artistic, practical and engaging classes, held in-person over 5 days during the school holidays. These are vital to truly experience what we mean by Steiner Education. Excellent daily catering is included in the fees.

**Autumn Seminar: 12 - 16 Apr 2025**

**Spring Seminar: 27 Sep - 1 Oct 2025**

### Topics Include:

- Positive relationships and classroom management
- Form drawing, clay modelling, painting and handwork
- Eurythmy and Bothmer Gymnastics
- Singing and Music in the Primary School
- Nutrition and biodynamics
- The Inner Development of the Teacher/Children
- Creative Speech

*Please note that programs and tutors are subject to change*



# High School Teaching

FOUNDATION COURSE (HTF)

This course is a collaboration with Newcastle Waldorf School's training program for high school teachers, developed by highly experienced Steiner educators, Michael Merle and Sophia Montefiore, and supported by the Pedagogical Section in Australia.

The course aims equip High School teachers with the necessary practical and theoretical skills and knowledge in Steiner/Waldorf education and teaching, providing a rigorous and comprehensive experience of Rudolf Steiner Education with the adolescent at the centre of the curriculum.

This is a one-year course, delivered part-time and online via weekly lectures. Attendance at the Pedagogical Section's in-person High School Seminar is an additional requirement of this course.

The course has been developed to ensure that students are able to complete the course while maintaining a full-time teaching position, and supports the transition from mainstream to Steiner Education.

## Course Content

Modules and topics Include:

- Foundations of Human Experience
- Anthroposophical Basis of Waldorf Education:
- Lifelong Learning of the Teacher
- Vertical and Horizontal Curriculum per subject
- Exploring the development of creative thinking
- A study of adolescent development and curriculum
- Soul Care and Trauma work
- Biography work and self awareness
- Goetheanistic Observation and training

- Professionalism and the gesture of the teacher
- Communication and conflict management
- Principles of Waldorf Pedagogy
- Teaching Methodology and rhythm
- Peer learning and Classroom Management
- Assessment and Evaluation
- Guardianship and the role of the teacher
- The Development of Artistic Faculties

Tutors: Michael Merle, supported by Sophia Montefiore

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## Contact

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## Fees

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